

**COPE Foundation, Inc.**

Mailing Address: P.O. Box 1251, Melville, NY 11747

(516) 832-COPE (2673), karen@copefoundation.org

**Volunteer Application**

Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ First MI Last

Please check:

Are you a:

COPE Parent or Sibling \_\_\_\_\_\_\_\_

Mental Health Professional \_\_\_\_\_\_\_\_

Healing Therapist \_\_\_\_\_\_\_\_

COPE Supporter (e.g. Friend, Family) \_\_\_\_\_\_\_\_

Other \_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Home Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Cell Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Preferred method of contact: ( ) Residence ( ) Cell

Please list other relevant paid employment, volunteer positions or committees that you serve(d) on.

Organization Role/Title Dates of Service

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Education/Training/Certificates

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How do you feel COPE would benefit from your involvement as a volunteer?

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Skills, experience and interests (Please circle all that apply)

Mental health

Alternative healing (e.g. yoga, Tai Chi, Reiki, meditation)

Please list \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Finance, accounting

Administration, management

Nonprofit experience

Community service

Policy and advocacy

Program development

Advertising, public relations, communications

Education, instruction

Special events/event planning

Grant writing

Fundraising

Outreach, advocacy, politics

Website/social media

Clerical/secretarial

Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please tell us anything else you’d like to share that would help us learn more about your desire to volunteer with COPE.

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Please check which positions you are interested in

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| --- | --- | --- |
| **FOR COPE PARENTS** | **work/TIME entailed** | **CHECK** |
| COPE line volunteer\*\* | Answer calls 1 day/week M-F 9am-9pm or Sat, Sun 10am-3pm |  |
| COPE peer mentor \*\* | Calls scheduled as needed with new COPE parents or siblings |  |
| Facilitator back-up for support group meetings\*\* | One meeting per month (2 hours) – partner with support group facilitator to “host” group and help when a participant needs to be pulled from group for one-on-one support |  |
| Labyrinth committee | Speak about labyrinth at support group meetings and serve on planning committee |  |
| COPE ambassador for networking meetings | Approximately one meeting per month with COPE referral sources (e.g. clergy, funeral homes, hospitals) to speak on behalf of COPE with COPE Executive Director |  |
| Social media outreach | As needed, monitor COPE Facebook page and reply/comment on any posts from bereaved parents and siblings |  |
| Work at COPE fundraising events | Volunteer at check-in, registration, sell raffle tickets, etc. (duration of specific event) |  |
| Serve on fundraising committee for special events | Planning committee for COPE fundraiser; attend monthly planning meetings (timing related to specific event) |  |
| Fundraising team – COPE Walk | Form team for COPE Walk-a-thon in September |  |
| Politician outreach/advocacy | On own schedule, outreach to your local politician to spread the word about COPE (with COPE Exec Director) |  |
| **FOR LICENSED professionals** | **work/TIME entailed** | **CHECK** |
| Facilitate workshops for COPE parents and siblings | Facilitate 2-hour workshop (evening or weekend) on topic related to professional’s expertise |  |
| Work at COPE fundraising events | Volunteer at check-in, registration, sell raffle tickets, etc. (duration of specific event) |  |
| Serve on fundraising committee for special events | Planning committee for COPE fundraiser; attend monthly planning meetings (timing related to specific event) |  |
| Fundraising team – COPE Walk | Form team for COPE Walk-a-thon in September |  |
| **FOR supporters** | **work/TIME entailed** | **CHECK** |
| Work at COPE fundraising events | Volunteer at check-in, registration, sell raffle tickets, etc. (duration of specific event) |  |
| Serve on fundraising committee for special events | Planning committee for COPE fundraiser; attend monthly planning meetings (timing related to specific event) |  |
| Fundraising team – COPE Walk | Form team for COPE Walk-a-thon in September |  |
| Social Media Coordinator (1-2 people) | Organize, plan and post all COPE FB posts, in conjunction with COPE Marketing & Admin Assistant |  |
| Administrative/clerical assistance | Help Marketing & Admin Asst. with mailings (as needed) |  |
| Marketing/PR assistance | Develop updated contact list for local news sources |  |

\*For volunteer opportunities related to Camp Erin NYC contact Ann Fuchs at [afuchs@copefoundation.org](mailto:afuchs@copefoundation.org)

\*\* Opportunities requiring pre-screening and approval by COPE Clinical Director. Additional training and orientation also required.

*Thank you very much for applying*