



COPE - Golf Outing **Monday, June 21, 2021**

Golf Outing Guidelines *"Currently on Phase 4 of NYS Reopening"*

What to expect?

We want you to know that the health and safety of our members, guests and our employees are at the forefront of all of our decisions. This guideline will be updated as needed when new information or guidelines become available. Congregating or groups greater than fifty (50) people are prohibited by the NYS.

Safety Measures

We set a high standard in safety every day, but extraordinary times call for extraordinary measures to ensure your safety and confidence when visiting Glen Head Country Club. As a result, we have enhanced the robust health and safety procedures we already have in place to ensure that we can continue to provide you with our highest service standard during this pandemic. We are performing this higher level of safety to ensure we keep our members happy and healthy during this challenging time. We want you to feel safe and confident when visiting your club. We have enhanced and instituted a robust cleaning and safety procedures daily to ensure that we continue to provide you with high standard-setting services while also keeping you happy and healthy. The following heightened practices and safety enhancements have been implemented for your safety:

Staff

- All staff are required to clean their uniforms daily
- We require all staff to wear a face mask and disposable gloves for every shift. Although they are wearing gloves, sanitizer will be used continuously during the day.
- We are reminding our staff regularly about washing their hands often for the CDC-recommended 20 seconds.
- We require staff to participate in a voluntary health disclosure each day before beginning their shifts to monitor any symptoms or potential exposures.
- Any staff member who is feeling ill is asked to remain home
- Hand sanitation stations are available throughout the clubhouse for employee, guests and member use.
- Current NYS guidelines require everyone to wear a face mask at all times except while seating at a table for dining.

When should I use?

Soap and Water

- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone who is sick with vomiting or diarrhea
- Before and after treating a cut or wound
- After using the toilet
- After [changing diapers, or cleaning up a child who has used the bathroom](#)
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage
- If your hands are visibly dirty or greasy

Alcohol-based Hand Sanitizer

- Before and after visiting a friend or loved one in a hospital or nursing home, unless the person is sick with *Clostridioides difficile* (if so, use soap and water to wash hands).
- If soap and water are not readily available, use an alcohol-based hand sanitizer that contains **at least 60% alcohol**, and wash with soap and water as soon as you can.

DO NOT use hand sanitizer if your hands are visibly dirty or greasy—for example, after gardening, playing outdoors, fishing, or camping. If a handwashing station is available, wash your hands with soap and water instead.

After blowing your nose, coughing, or sneezing, you should clean your hands by immediately washing your hands with soap or using alcohol-based hand sanitizer to avoid spreading germs.

How should I use?

Soap and Water

- **Wet** your hands with clean running water (warm or cold), turn off the tap, and apply soap.
- **Lather** your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
- **Scrub** your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song twice.
- **Rinse** your hands under clean, running water.
- **Dry** your hands using a clean towel or air dry them.

Alcohol-based Hand Sanitizer

Use an alcohol-based hand sanitizer that contains **at least 60% alcohol**. Supervise young children when they use hand sanitizer to prevent swallowing alcohol, especially in schools and childcare facilities.

- **Put** enough sanitizer on your hands to cover all surfaces.
- **Rub** your hands together until they feel dry (this should take around 20 seconds).

Do NOT rinse or wipe off the hand sanitizer before it's dry; it may not work well against germs.

Locker Rooms

- Guests are required to wear an approved face mask at all times while in the building and maintain the required social distance.
- We will limit the number of individuals in the locker room restrooms

- We will have only one designated entrance as an access to the locker rooms
- All communal items have been removed for safety.
- Only 10 individuals at a time are permitted in the locker room at the same time
- Guests can ask attendant for disposable toiletries when needed.
- Have only one main access to the locker rooms. Secure all other doors at all times

Restrooms

Locker room restrooms are high traffic and high demand areas; guests congregating pose a greater risk of exposure to transmission and contamination of facilities.

- All facilities to comply with Federal, State, and local governing agencies - Hot running water, hand soap, disposable paper towels, and hand sanitizer are available for guests use.
- When restrooms have limited space, they only accommodate one member at a time. If restrooms cannot be monitored for use, they will be locked, and a key will need to be requested in order to use
- Facility and membership to adhere to social distancing guidelines
- Restrooms will be cleaned, thoroughly disinfected, and sanitized every hour
- Restrooms will be monitored by the Locker Room Attendants and Maintenance personnel

Showers

- Locker room shower will be cleaned and disinfected after each use - ONLY 6 guests can shower at the same time.
- Guests are required to maintain proper social distancing in the shower area

Shoes

- Guests could bring virus on their shoes (golf and/or street). Locker room attendants are not permitted to clean guests' shoes due to the potential of the virus to transfer.
- We have temporarily eliminated shoe cleaning service by the locker room attendant until further notice, based on the current NYS Guidance.

Golf

Golf is one of the few activities permitted during the COVID-19 crisis, Glen Head will host golf outings with **mandatory Tee Times (NO SHOTGUN)**. Our club has taken advantage of the golf course since early spring. Golf Carts have been available since May 1st with restrictions as outlined by NYS. The Club is focused on providing opportunities to responsibly remain active during this time. According to the Centers for Disease Control and Prevention (CDC) staying physically active is one of the best ways to keep your mind and body healthy.

All guests are required to practice physical distancing and apply personal responsibility. Modified procedures were created with information from the PGA as well as the CDC, state and local health officials. Every effort is being made to limit contact points and to ensure that everyone adheres to the recommended 6' feet of distancing.

- The club will provide 2 golf carts per foursome. It is recommended that one (1) person rides and one (1) person walks. However, two individuals are allowed to ride in the same golf cart if they are family and live together.
- Carts will be assigned to each group prior to your tee time – each guest is responsible to check their own golf bag.
- Cart shortages are likely, so if rental carts are required it will be at the expense of the host.
- Carts are thoroughly sanitized after each use and staged to ensure proper safety.
- Players are required to remove and throw away all trash in appropriate receptacles after the round of golf.
- Players must return golf carts to the same area where they got the cart.
- Players are encouraged to bring their own hand sanitizer to be used during the day. A water bottle is provided by the Club to remain hydrated during your golfing experience.
- Grab and Go Food and Beverages are available for pick up during the tournament by 10th tee. Congregating in this area is not permitted and a face mask is required.
- Please practice patience and respect for the golf course, staff and fellow golfers.

Caddies

The following guidelines will be followed:

- Hand sanitizer is available for caddies and guests by the first tee.
- Caddies must wear masks and disposable gloves at all time during rounds they work.
- Caddies should not be permitted to handle a golfer's golf balls or clubs.
- Caddies must not operate a golfer's golf cart at any time.
- Every effort must be made by golfers, caddies, professionals, starters and other golf staff to maintain proper social distancing at all times.
 - Under no circumstances are caddies permitted to congregate together during work, meals, downtime or at any other period.
 - All caddies must be provided with information about free COVID 19 testing facilities as close to the club as possible. Caddies should be informed if they do, in fact, test positive for COVID 19 they should immediately notify a person designated by the club so proper contact tracing can be conducted as expeditiously as possible. Clubs should provide members, guests and caddies with a list of protocols which at a minimum, include the above-mentioned requirements.

Below is a reminder of some golf rules and etiquette.

On the Course

Please remember to:

- Fix your ball marks
- Fill or replace divots (sand/seed mix is available on the cart)
- Pick up your tee after your shot
- Rake your footprints in bunkers
- Knock sand off of your feet after your bunker shot, before you walk across the green

Cart Rules

- Keep carts on paths around all greens and tees • Follow red and green stake rules. No carts beyond the red/green stakes on the fairway
- Exit the same side as the green stake (green means Go, red means No) • Follow cart path around to the rear of the green to park your cart
- Do not drive through native fescue areas
- Do not drive on the paths near the clubhouse or back patio
- Do not drive over the Belgium blocks on the side of the cart paths
- Do not block the driveways and always be aware of other cart traffic

Please follow these proper dress code rules. They apply to the golf course, driving range and practice greens.

- Golf shirts MUST be tucked in at all times.
- Hats worn with bills forward.
- Jeans/Cargo Shorts are prohibited.
- Soccer, tennis or any other sports attire is prohibited. If you are a tennis player please change into your golf attire before practicing on the driving range or playing on the golf course.

****Please note that the club reserves the right to remove any guest from the golf course for violation any of the above-mentioned rules.***

Speed of Play

- Speed of play on our golf course is the most important part of making an enjoyable day for our golfing guests.
- The goal is to play our golf course in no more than 4 hours for an 18-hole round.
- The number one speed of play rule is one in which most people need to pay the most attention to.
 - Keep up with the group in front of you.
- Pick up your ball after a Triple bogey – you have a better chance on the next hole.

Other simple tips to help with speed of play

- Ready Golf- ready golf is where the honor system no longer plays into the order of play. If you are ready to play and your playing partners are not, then please play away. This is a great way to jump start the foursome if behind.
- Cart Golf- When one player hits a ball in the left rough, and another player hits a ball into the right rough, the player who is in the left rough takes a couple of clubs and is dropped off at his ball. The driver of the cart will head over to the right rough to play his shot. Both players meet in the middle to speed up play.
- Entering Scores- Always remember to enter your scores and calculations of your match on the next tee.

Safety First

We want you to feel safe and confident when visiting your club. We have enhanced and instituted a robust cleaning and safety procedures daily to ensure that we continue to provide you with high standard-setting while also keeping you happy and healthy. We are utilizing Viridis Technologies outdoor surface sanitizer and disinfectant to wash and sanitize our golf carts. In addition, our staff will be following the safety measures we implemented for all our staff



Effective against the following:

Bacteria:

Staphylococcus aureus -
Community Associated Methicillin-Resistant
[CA-MRSA] [NRS123] [USA300]
Staphylococcus aureus -
Community Associated Methicillin-Resistant
[CA-MRSA] [NRS123] [USA400]
Staphylococcus pneumoniae - (Staph)
Salmonella enterica (Salmonella)
Enterococcus faecalis -
Vancomycin Resistant [VRE]
Escherichia coli [E. coli]
Klebsiella pneumoniae [Klebsiella]
Legionella pneumophila
Burkholderia cepacia
Salmonella schottmueller [Salmonella]
Salmonella typhi [Salmonella]
Serratia marcescens [Serratia]
Shigella dysenteriae [Shigella]
Staphylococcus aureus - Vancomycin
Intermediate Resistant - [VISA]
Streptococcus pyogenes [Strep]
[A cause of scarlet fever]
Vibrio cholera

Viruses:

* Rotavirus
* Hepatitis B Virus [HBV]
* Hepatitis C Virus [HCV]
* Herpes Simplex Virus Type 1
* Herpes Simplex Virus Type 2
* HIV-1 [AIDS Virus]
* Human Coronavirus [Covid-19]
* Influenza Type A Virus/Brazil
[Influenza]
* Respiratory Syncytial Virus [RSV]
* SARS Associated Coronavirus
[SARS] [cause of Severe Acute
Respiratory Syndrome]
* Vaccinia Virus [Pox Virus]

Animal Viruses:

Avian Influenza Virus [H5N1]
Avian Influenza Virus [H3N2]
Canine Distemper Virus
Feline Calicivirus
Newcastle's Disease Virus
Pseudorabies Virus

Fungi:

Candida albicans

As we continue to resume operations, the CDC offers an array of considerations for ways in which we can protect members, guests and employees, and to minimize the spread of COVID-19. These considerations are meant to supplement—**not replace**—any state and local safety laws, rules, and regulations with which we must comply. The more an individual interacts with others, and the longer that interaction, the higher the risk of the spread. We are committed to follow all guidelines to ensure that our members have a wonderful experience as we return to some form of normalcy. We are excited and looking forward to seeing our members and guests at the club even if we have to maintain six feet in between us.